

Infant Daily Schedule

Each child has his/her own schedule for eating, sleeping and playing. The following activities apply to children who are awake and are not in need of anything, i.e. bottle.

Individual activities occur throughout the day. Sometimes group activities are offered. The children are not required to participate in group activities.

7:15	Center opens
7:15 – 9:15	Arrival and breakfast
9:15 – 10:15	Indoor activities including art, music and movement, sand and water play
10:15 – 11:15	Gym time/walk
11:20 – 12:00	Lunch
12:00 – 12:30	Nap preparation for the older infants
12:30 – 3:00	Naptime for older infants
3:00 – 3:30	Afternoon activities including walk, gym time
3:30 – 4:30	Gym or outdoor activities
4:30 – 5:45	Indoor play and departure including diaper changing
5:45	Center closes